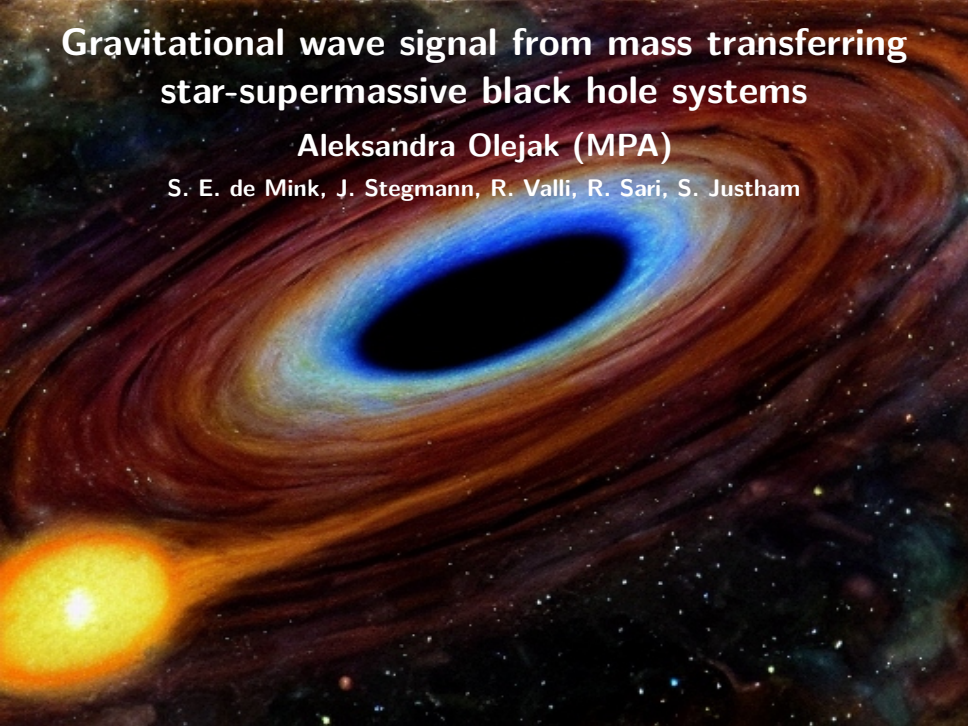


# Gravitational wave signal from mass transferring star-supermassive black hole systems

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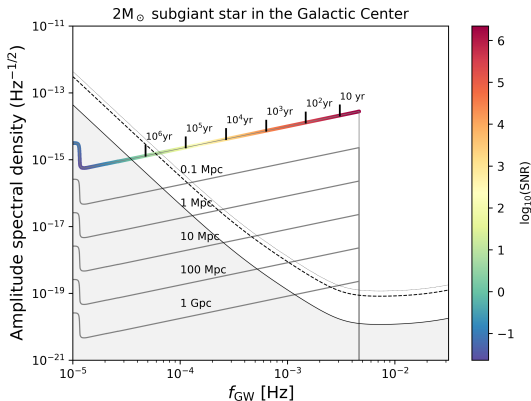
S. E. de Mink, J. Stegmann, R. Valli, R. Sari, S. Justham



# Motivation

Possible long-lasting, bright GW sources in the LISA band!

**Local Universe:**  $\approx 10$  events; **Galactic Center:**  $\approx 0.1\%$





## Stable or unstable mass transfer?

Stability of mass transfer (MT) is determined by:

- **orbital evolution due to MT and GW:**

MT conservative (mass + AM)  $\rightarrow$  orbital widening due to MT + shrink due to GW  $\rightarrow$  more stable MT (rather unrealistic assumption).

$$\dot{a} = \dot{a}_{\text{MT}} + \dot{a}_{\text{GW}} = 2a\dot{M}_{\text{don}}\left(\frac{M_{\text{don}} - M_{\text{acc}}}{M_{\text{acc}}M_{\text{don}}}\right) - \frac{64}{5} \frac{G^3 \mu M^2}{c^5 a^3}$$

Probably more realistic: AM doesn't go back to the orbit  $\rightarrow$  orbit only shrinks due to GW  $\rightarrow$  makes MT more unstable

- **stellar structure and radius response to mass transfer:**

strongly depends on the mass and evolutionary stage (convective, non-convective but also expansion  $\rightarrow$  distance to SMBH).

## Motivation: stable or unstable mass transfer?

- **Unstable mass transfer:**

possible candidate for QPEs - high MT rates required (see e.g. Linial & Sari 2023 or Linial & Quataert 2024, Wang et al. 2024, and others)

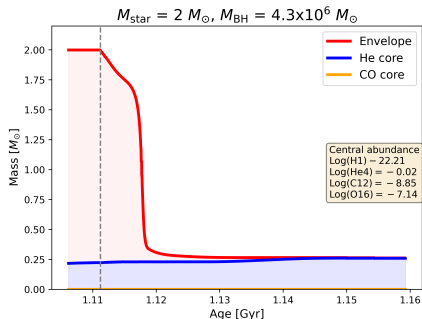
- **Stable mass transfer:**

fuel to the AGN central engine - each star  $\sim 10^{-7} - 10^{-4} M_{\odot}/\text{yr}$  (e.g. Hameury et al. 1994) . **Possibly a powerful and long-lasting source of GW emission in the LISA band. The main interest of this talk!**

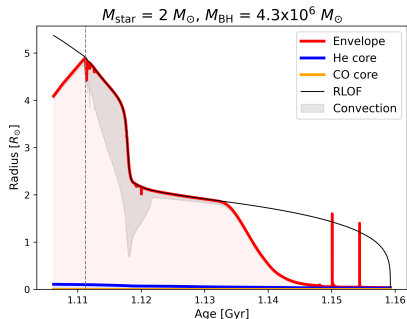
The logo for MESA (Modules for Externally-Solved Astrophysics) is displayed in a blue, stylized, sans-serif font. The letters are bold and have a modern, geometric appearance.

Paxton et al. 2011, 2013, 2015, 2018, 2019, Jermyn et al. 2023

## Subgiant - long stable mass transfer case



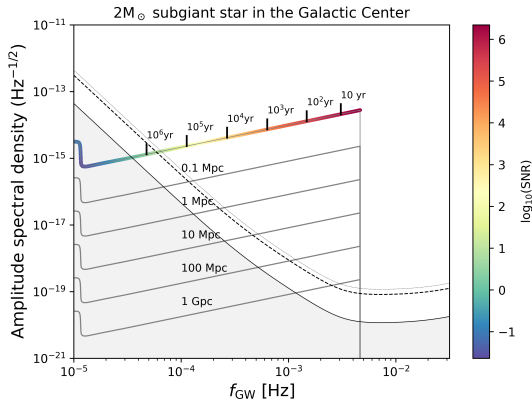
Mass evolution - a case of  $2M_{\odot}$  subgiant (using MESA). Olejak et al. in prep.



Radius evolution - a case of  $2M_{\odot}$  subgiant (using MESA). Olejak et al. in prep.

# Gravitational wave signal in the LISA band

$$h = \frac{8T^{1/2}(GM_c/c^3)^{5/3}\pi^{2/3}f^{2/3}}{5^{1/2}D_L/c} \propto M_c^{5/3}f^{2/3}D_L^{-1} \quad (\text{Robson et al. 2019})$$



Olejak et al. in prep.

$\sim 10^4$  galaxies per 100 Mpc<sup>-3</sup>,  $\sim 10^7 - 10^8$  galaxies per 1 Gpc<sup>-3</sup>

## Event rates:

- formation rate per galaxy:  $\sim 10^{-6}$ - $10^{-5} \text{ yr}^{-1} \times 1/R_*$
- duration  $\text{few} \times 10^5 \text{ yr}^{-1}$  with evolving  $\text{SNR}(t)$
- detectable from distance up to  $\sim 100 \text{ Mpc} - 1 \text{ Gpc}$
- fraction of subgiants  $\approx 3\%$

$$R_{\text{event}} \approx N_{\text{gal}} \times t_{\text{dur}} \times R_{\text{form}} \times f_{\text{sub}}$$

## Number of LISA sources (optimistic):

**Local Universe:**  $10^8 \times 10 \text{ yr} \times 10^{-7} \text{ yr}^{-1} \times f_{\text{sub}} \approx 1$ -10

**Galactic Center:**  $2 \times 10^5 \text{ yr} \times 10^{-7} \text{ yr}^{-1} \times f_{\text{sub}} \approx 0.001$



# QPEs vs EMRIs?

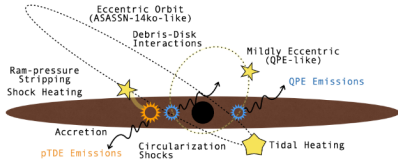
Quasi-periodic eruptions (QPE):

TDE + star-disk interactions

Article | [Open access](#) | Published: 09 October 2024

## Quasi-periodic X-ray eruptions years after a nearby tidal disruption event

[M. Nicholl](#), [D. R. Pasham](#), [A. Mummery](#), [M. Guolo](#), [K. Gendreau](#), [G. C. Dewangan](#), [E. C. Ferrara](#), [R. Remillard](#), [C. Bonnerot](#), [J. Chakraborty](#), [A. Hajela](#), [V. S. Dhillon](#), [A. F. Gillan](#), [J. Greenwood](#), [M. E. Huber](#), [A. Janiuk](#), [G. Salvesen](#), [S. van Velzen](#), [A. Aamer](#), [K. D. Alexander](#), [C. R. Angus](#), [Z. Arzoumanian](#), [K. Auchetti](#), [E. Berger](#), ... [D. R. Young](#) [+ Show authors](#)



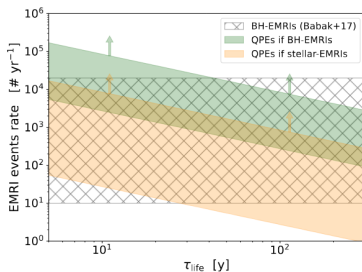
Possible QPE schema. Yao, P. et al. 2024

If QPEs = EMRIs

The first lower limit on QPE rate:

$$R_{\text{vol}} = 0.60_{-0.43}^{+4.73} \times 10^{-6} \text{ Mpc}^{-3}$$

by Arcodia, R. et al 2024



EMRI rates ( $z = 1$ ) based on QPEs volumetric rate. Arcodia, R. et al 2024.

## Conclusions

- Stars transferring mass on SMBH could be stable for a long time  $\sim 10^6$  yr.
- Such systems could be very bright and long-lasting LISA sources.
- In optimistic estimates, 1–10 events caused only by subgiants will be detectable by LISA.
- 0.1 % chance of having it in our Galactic Center.
- Stars near SMBH can be multimessenger sources: EM+GW.

## Some characteristic values:

The case of main sequence,  $M_\star = 1M_\odot$ ,  $M_{\text{SMBH}} = 4.3 \cdot 10^6 M_\odot$ :

- Separation:  $a_{\text{RLOF}} = R_\star \left[ \frac{0.49 \cdot q^{2/3}}{0.6 \cdot q^{2/3} + \log(1+q^{1/3})} \right]^{-1} \approx 330 R_\odot$ .
- $R_g = 2GM/c^2 \approx 18 R_\odot$ . So  $a_{\text{RLOF}}/R_g \approx 18$ .
- Orbital period:  $P \approx 0.34$  days. Corresponding to  $f_{\text{GW}} \approx 10^{-5}$  Hz (LISA)

