

Dates for a Yoga course at the MPI-AGE (10x 60 min) in the **1st half of 2025**

Class A: **Tuesdays** 17:00-18:00 / 5-6pm (trainer: Bella G./Ellen K. from Carta Sports)

Class B: **Wednesdays** 17:00-18:00 / 5-6pm (trainer: Bella G./Ellen K. from Carta Sports)

Course Day	Calendar Week	Date		Venue at MPI-AGE	
		Class A	Class B	Class A	Class B
1	6	04 February	05 February	Auditorium	Auditorium
2	7	11 February	12 February	Auditorium	Auditorium
3	8	18 February	19 February	Auditorium	Auditorium
4	9	25 February	26 February	Auditorium	Auditorium
5	10	04 March	05 March	Auditorium	Auditorium
6	11	11 March	12 March	Auditorium	Auditorium
7	12	18 March	19 March	Auditorium	Auditorium
8	13	25 March	26 March	Auditorium	Auditorium
9	14	01 April	02 April	Seminar Room 2/3	Auditorium
10	15	08 April	09 April	Auditorium	Auditorium